

# Communication Week

## Day 1: Giving Choices

Reducing choices to two can help children focus. Limiting to two choices avoids overwhelm. Giving choices using picture cards or the object itself can encourage communication.



Ask:  
'Do you want an  
apple or an  
orange?'



A child can look or point to indicate their choice, gently encourage them to say which snack item they want

Some children could hand you the card to indicate their choice. If they don't verbalise their choice when pointing or giving you the card, then model language before giving them the item, e.g. 'Mia wants an orange.'  
'James wants milk.'



or



For more information:

[www.gloucestershire.gov.uk/education-and-learning/educational-psychology-service-eps](http://www.gloucestershire.gov.uk/education-and-learning/educational-psychology-service-eps)