

INFORMATION FOR PARENTS AND CARERS



11TH - 15TH
NOVEMBER
2024



NURSERY RHYMES

Nursery rhymes are short rhymes or songs which usually tell a story.



As a child, you may have heard rhymes from your own parents or carers. Different nursery rhymes are heard all over the world, and often get passed down from generation to generation.

Do you remember any from your own childhood?



WORLD NURSERY RHYME WEEK

Your child's nursery, childminders or school may be taking part in World Nursery Rhyme Week, which was founded by Music

Bugs in 2013. The aim of the week is to highlight the importance of nursery rhymes in early childhood development and education.

To celebrate the week, settings may have different activities taking place which relate to nursery rhymes.



HOW CAN I TAKE PART?

Despite there being so many benefits to nursery rhymes, research has found that they are being sung less and less over time.



If you don't sing nursery rhymes at home already, World Nursery Rhyme Week would be the perfect time to give it a go. See what benefits you notice for your child!



Visit www.worldnurseryrhybeweek.com for links to different videos and music playlists to help you out.



WHY SING NURSERY RHYMES?

Apart from being something fun or soothing for your child, did you know just how beneficial nursery rhymes can be? They can help in so many different ways including:



- Language skills
- Learning about the world
- Early reading skills
- Learning about numbers
- Movement skills
- Building relationships
- Learning how to interact with others



... and many more! Take a look at the poster we have created through the website link below, or by following the QR code to find out more about the benefits of nursery rhymes.



THIS YEAR'S NURSERY RHYMES

Each year, World Nursery Rhyme Week focuses on five different nursery rhymes. This year these are:



1. Twinkle Twinkle
2. Old Macdonald
3. The Big Ship Sails
4. Incy Wincy Spider
5. 5 Currant Buns



Each family will have their own favourite nursery rhymes, influenced by their own experiences and culture.

You may wish to try the rhymes above, or sing some which you are more familiar with. The most important thing is that you feel confident and happy with the song you are singing.

If you would like some ideas for activities to do at home, have a look at our Wheels on the Bus activity booklet.



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