



# Gloucestershire's Children and Family Centres

## Find your nearest Children and Family Centre

Contact your local centre for more information about services and support near you. To find your nearest centre visit: <https://www.gloucestershire.gov.uk/family-hubs>



**Family Hubs**



Gloucestershire



# Our vision for Family Hubs

We want all children and young people to have the best start in life, with the support of family, community and services which help all children and young people to achieve their potential and go on to live lives of choice and opportunity.

Our Children and Family Centres will play a key part in the development of Family Hubs which will enable families with children and young people (ages 0 to 19, or up to 25 for those with special needs) to benefit from a wide range of services and support in one place. They can also guide families to other helpful organisations when needed.

Located across the county, Family Hubs will make it easier to find local services and support, so that all families can get the right help, at the right time, in the right place.

Family Hubs will:

- Provide a welcoming, inclusive and safe space for families of all backgrounds
- Bring together services from health, early help, voluntary and community organisations
- Support happiness, wellness, safety, physical and mental health
- Be part of a wider network of physical and virtual family support points across Gloucestershire.



Gloucestershire's Children and Family Centres already offer a range of services to support children, families and carers. Here are some examples of the type of activities available:

### Information and advice

Help to find useful information and find local services

### Early help and specialist family support

Helping families deal with problems early before they become bigger issues

### Best start in life

Give your child the best start in life, offering help and support to new parent/carers, opportunity to connect with community midwifery teams, and health visiting teams, some sites offer child development checks, breastfeeding support, support for young parents, fathers and more

### Baby hubs

Support from health visitors and midwives

### Play and learning groups

Activities to support children's everyday learning

### Support for families with additional needs

Help with personal, social and emotional development, alongside communication and language support

### Early years education and learning

Drop-ins, stay and play, information about nurseries, and early education sessions for 2, 3 and 4 year olds

### Mental health and wellbeing

Mental health services and community groups

### Adult education and employment support

Adult learning courses, help and support with job applications and career development

### Specialist advice

Help with housing, cost of living challenges, support with school applications, or grants to support children, young people and families

### Healthy lifestyles

Cookery workshops, healthy eating and weight management

### Group activities

Parenting advice and support groups

### Short breaks

Information, advice and support for families with SEND

### Birth Registration Service

Available in some centres, to make it easier for families in rural areas

### Community space

Working in partnership with local community organisations to develop services with input from parents, carers and young people such as community cafes, holiday activities and more.

### Coming soon

We're developing an online Virtual Family Hub offer, as well as Youth Hubs with advice support and activities for young people.

