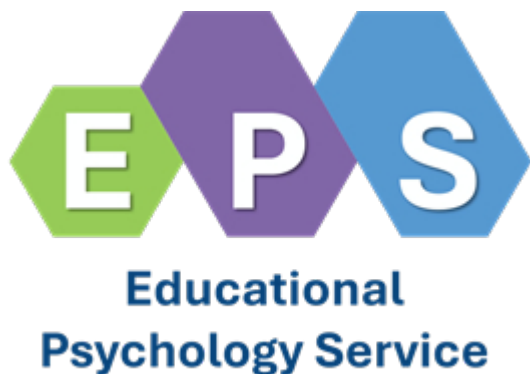




16/09/2026 09:00 - 16:00

Title: Emotional Literacy Support Assistant (ELSA Network)

Venue: The Pavilion (PAV01 - Main reception)

Trainer: Dr. Hatty Lee

Specialist Teaching and Educational Psychology Service

Emotional Literacy Support Assistant (ELSA Network)

Emotional Literacy Support Assistant (ELSA Network)

Outline

ELSA is a national programme of staff training to support children and young people with Social, Emotional and Mental Health (SEMH) needs. It was first developed in Hampshire by Sheila Burton and is well researched and evidence-based. The ELSA project was developed to build the capacity of schools to support the emotional needs of their pupils from within their own resources. ELSAs are trained to plan and deliver programmes of support for pupils in their school or setting.

Description

How will an ELSA benefit your school? Children learn better and are happier in school if their emotional needs are also addressed. There has been consistent feedback from schools across the UK that the introduction of ELSAs has made a significant positive impact on the emotional wellbeing of children and young people and their ability to manage better at school - socially, emotionally and academically. The course will cover the following topics and all days will be delivered by a team of Educational Psychologists: - An introduction resilience and emotional literacy - Attachment and security - Skills for effective therapeutic conversations - Emotion Coaching - Selfhood, Self-Esteem and Strengths-Based Approaches - Solution-focused approaches - Affiliation, social skills interventions and restorative approaches - Bereavement, loss and family separation - Creative therapeutic interventions - Cognitive behavioural approaches and mindfulness - Procedures and school systems to increase ELSA effectiveness

Outcome

What happens after the seven days of training? ELSA will be able to: - Carry out regular (weekly) half-hour sessions with individual pupils or small groups - Develop programmes of support that are matched to pupil needs - Monitor interventions using appropriate tools for evaluating the impact of interventions for children with SEMH needs - Share ideas with other staff about how to support pupils What's included? ELSA will receive: - 7 days initial training from the Educational Psychology Service, including an ELSA information pack provided - 6 sessions of support and group supervision from an Educational Psychologist over the first academic year - Opportunities to continue to develop their skills and experience ELSA will need: - A supportive line manager to promote the role of the ELSA within the school. (A Senior Manager is required to attend the first morning of the training with the participant ELSA) - To purchase a copy of the book 'Emotional Wellbeing: An Introductory Handbook' written by

Gillian Shotton and Sheila Burton Please note: On-going supervision will be expected in order to maintain the accreditation. This will incur a cost of £206 per ELSA each year. This cost includes 6 x 2 hour supervision sessions. Please visit <https://www.elsanetwork.org> for further information and the research being ELSA

Booking information

Booking for ELSA is via GCC Plus <https://www.businesssupportservices.org/> For further information or assistance please contact: STEPS@gloucestershire.gov.uk Please note the attached ELSA Contract form must be submitted to STEPS@gloucestershire.gov.uk with all bookings

Programme

Day 1: Wed, 16/09/2026 09:00 - 16:00 (day 1 of 7)

Emotional Literacy Support Assistant (ELSA Network)

Dr. Hatty Lee, Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 2: Thu, 15/10/2026 09:00 - 16:00 (day 2 of 7)

Emotional Literacy Support Assistant - Day 2

Holly Eeles, Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 3: Fri, 20/11/2026 09:00 - 16:00 (day 3 of 7)

Emotional Literacy Support Assistant - Day 3

Melissa Parry, Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 4: Wed, 13/01/2027 09:00 - 16:00 (day 4 of 7)

Emotional Literacy Support Assistant - Day 4

Christina Lythgoe, Senior Specialist Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 5: Wed, 24/02/2027 09:00 - 16:00 (day 5 of 7)

Emotional Literacy Support Assistant - Day 5

Matthew Baker, Specialist Senior Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 6: Thu, 25/03/2027 09:00 - 16:00 (day 6 of 7)

Emotional Literacy Support Assistant - Day 6

Victoria Scott, Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Day 7: Wed, 05/05/2027 09:00 - 16:00 (day 7 of 7)

Emotional Literacy Support Assistant - Day 7

Dr. Hatty Lee, Educational Psychologist

In-person | Main reception, The Pavilion, Cheltenham, GL51 6PN

Further information

Price: Between £0.00 and £850.00 per delegate

Available until: 10/09/2026

Code: STEPS-0926-T002