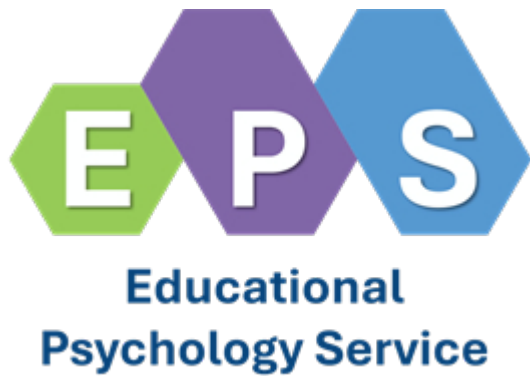




09/10/2026 09:00 - 15:00

Title: EPS - Attachment and Trauma

Venue: The Pavilion (PAV01 - Main reception)

Trainer: Holly Eeles

Specialist Teaching and Educational Psychology Service

EPS - Attachment and Trauma

Outline

This course aims to develop school staff's understanding of trauma and attachment and to explore effective ways of supporting children and young people who may have experienced trauma and/or have attachment-related needs.

Description

This course will explore:

- The meaning of attachment and attunement, and an introduction to attachment theory.
- What we mean by the term trauma and its potential impact on children's development, learning, behaviour, and relationships.
- Relational and trauma-informed approaches, including the PACE model and strategies for co-regulating emotions.
- Understanding and promoting resilience, belonging, and positive relationships within school communities.

Outcome

By the end of the course, participants will:

- Understand the terms 'Trauma' and 'Attachment'
- Develop a shared understanding of some of the research around trauma and attachment
- Understand how pupils, who have experienced trauma and/or have attachment needs, may present in school
- Consider ways to support these children and young people in the classroom

Audience

Education professionals, school staff (DSL/DT) and social workers who work with children and young people

Booking information

Bookings Via GCC Plus

Please contact STEPS@gloucestershire.gov.uk should you have any queries/need further assistance.

Cancellation:

Individual training should be paid for before attendance to secure a place.

Full refund will be offered up to 6 weeks before training session.

50% refund will be offered between 6-2 weeks before cancellation

No refund will be offered for last minute cancellations (ie less than 2 weeks before training)

Prerequisites

Further information

Price: £120.00 per delegate

Available until: 25/09/2026

Code: STEPS-1026-T006