

## Managing Working Memory in the Classroom

### Course Aims

To provide a practical understanding of what we know about working memory.

To discuss some implications of working memory difficulties and cognitive load in the classroom and to address implication for teaching (pedagogy).

### Course Details

The course will cover:

1) How memories are created (learning)	4) Working memory, stress, and trauma
2) How learning and memory are linked	5) Working memory assessment
3) The role of attention, stress, and fatigue	6) Implications for teaching (pedagogy)

### Staff Outcomes

Staff will have a working understanding of:

- What influences remembering (learning) and causes forgetting (retrieval).
- What sort of things reduces or increase available working memory space.
- Strategies that support working memory, leading to more effective learning, and remembering.

### Who is this course for?

Teachers, SENDCOs, HLTAAs,  
Trainees, and Mentors.

Course Cost: £65

### When & Where?

**9.30am – 12:30pm**

**Date: 11<sup>th</sup> November 2025**

**The Pavilion  
Hatherley Lane  
Cheltenham  
GL51 6PN**

### How to Book

Via GCC Plus [Business Support Services](#)

(School Finance Officer/School Business Manager will have a login for the site)

For further assistance please email: [STEPS@gloucestershire.gov.uk](mailto:STEPS@gloucestershire.gov.uk)